



**V. ’Year starter’ International Senior Swimming Competition**

**Szentes, HUNGARY 18 January 2020**

**The orgaizer of the competition:**

Delfin Health Care Sport Club Szentes

Hungarian Senior Swimming Federation

Holiday Camp of Szentes

**Location:**

Holiday Camp of Szentes Csallány Gábor part 4.

**50 m indoor swimming-pool, 10 lines, electrical timing (Colorado Time Systems**

Water temperature:: 26,2-27,0 degrees Celsius

**The starting time of the morning competition:**

***Depending on the entry times and number of the competitors between 930 and 1000. We request you to entry the 1500 m free style earlier so we could calculate and let the competitors know the heats and the starting times. 3 days before the competition we put the starting list and the scheduled line arrangement on the Facebook site of the Holiday Camp of Szentes.***

**We kindly ask all the competitors to enter the competition with a true entry time.**

Warm up: from 9:00 am

**Events:**

**1.** 1500 m men free style

**2.** 1500 m women free style

*Warm up from 1400 to 1420*

*Opening ceremony 1425.*

*The start of the afternoon competition 1430*

**3.** 50 m men free style

**4.** 50 m women free style

**5.** 50 m men breast-stroke

**6.** 50 m women breast-stroke

**7.** 50 m men backstroke

**8.** 50 m women backstroke

**9.** 50 m men butterfly

**10.** 50 m women butterfly

**11.** 200 m men backstroke

**12.** 200 m women backstroke

**13.** 4 x 100 m MIX free style relay

**Age-groups:**

**I. AG 25-29 1991 - 1995**

**II. AG 30-34 1986 - 1990**

**III. AG 35-39 1981 - 1985**

**IV. AG 40-44 1976 - 1980**

**V. AG 45-49 1971 - 1975**

**VI. AG 50-54 1966 - 1970**

**VII. AG. 55-59 1961 - 1965**

**VIII. AG 60-64 1956 - 1960**

**IX. AG 65-69 1951 - 1955**

**X. AG 70-74 1946 - 1950**

**XI. AG 75-79 1941 - 1945**

**XII. AG 80-84 1936 - 1940**

**XIII. AG 85-89 1931 - 1935**

**XIV. AG 90-94 1926- 1930**

**Prizes: Medals will be given to the first, second and third competitor in each individual race**

**Special prizes:** The four short events’ relative per cent value will be summed for individuals and the one who gets the most points will be the winner of the complex sprint competition.   
A special medal for the 50th anniversary of the Hungarian Masters Swimming for those who start in 50m in all swimming strokes.

**Entry**: The final enrolments must be completed on **via internet** at the following address: [**http://szeniorob.hu/**](http://szeniorob.hu/) **from 28 December 2019**

**Deadline of the enrolments: 7th January 2020**

**Information:** Pólyáné Téli Éva, 6600 Szentes, Koszta József u. 2. HUNGARY

**Tel: 36-63–314-998 evening and weekend**

**E-mail:** [**delfin\_esc@freemail.hu**](mailto:delfin_esc@freemail.hu)

**Fees:**

**50 m individual events: 1000,- HUF / event**

**1500 m individual events: 1500,- HUF / event**

**You must pay the fees at the swimming pool on 18th January from 10 am to 1 pm.**

**For swimmers over 70 years old one 50 m events are free, for disabled swimmers all the sprint events are free. For all the swimmers the 1500 m free style event costs 1500 HUF/start.**

Szentes, 12 November 2019

Szabó Zoltán Ferenc Takács László

Major of Szentes President of umpire

Szabó Imre Pólyáné Téli Eva

President of Szentesi Delfin ESC Organizer of the competition